



Invitation

"Enabling healthy workplaces in the age of digitalisation"

Date 03.-05.09.2025

Venue: Hotel Ilunion Bilbao, Rodríguez Arias, 66, Bilbao, Spain

'Enabling healthy workplaces in the age of digitalisation' requires the interplay of politics, society and European institutions. The aim is to reap the benefits of digitalisation without neglecting the health of employees. The seminar is in line with the EU's strategic framework for health and safety at work 2021-2027 and the objectives of the European digital strategy. Work-leisure balance, new physical and mental stresses, the digital divide and social isolation are key words in the social context.



We are pleased to be able to organise this seminar in close cooperation with the European Agency for Safety and Health at Work (EU-OSHA). EZA is an official campaign partner of 'Safe and healthy work in the digital age' and we are pleased to be able to make a small contribution with this seminar.

Seminar languages:

German/English/Spain/Romanian

Participation fee:

Participants who do not require overnight accommodation do not pay a conference fee. For all other participants there will be a fee of €100 (a reduction is only possible for participants from Eastern Europe upon agreement)

Travel and travel costs:

Costs will be reimbursed on application in accordance with the EZA 2025 regulations.

We would be delighted to see you in Spain:
European Centre for Workers' Questions / EZA,
Nell-Breuning-Haus / NBH (Germany),
Institutul de Formare Economica si Sociala (Romania)



Funded by the European Union

Contact address for the organisers:
Nell-Breuning-Haus , Rainer Rißmayer, Wiesenstr. 17, 52134 Herzogenrath
Phone +49 2406 9558-18 Email: rainer.rissmayer@nbh.de



Wednesday, 03. September 2025

- from 12.00 Welcome at the hotel, possibility to register and
First Meet&Greet of the organisers and guests
- 01.30 p.m. Lunch in the Hotel
- 02.30 p.m. Opening panel:
Welcome addresses and short thematic introduction by:
Silviu Ispas, Managing Director IFES (Institutul de
formare Economica si Sociala, Romania
Dimitar Manolov, President of the Podkrepa Labour
Confederation, Bulgaria
Greetings and a brief introduction as a campaign partner
William Cockburn - Executive Director, European
Agency for Safety and Health at Work
Sigrid Schraml – Secretary-General, European Centre
for Workers' Questions (EZA)
moderated by **Rainer Reißmayer**, department manager,
Nell Breuning Haus, Germany
- 03.15 p.m. **“Safe and healthy work in the digital age”**
introduction to the campaign, their current possibilities
and the significance for the work in the social dialogue
Dr. Dietmar Elsler, Project Manager, European Agency
for Safety and Health at Work
- 04.00 p.m. coffee break
- 04.30 p.m. Question and answer session with **Dr. Dietmar Elsler**
with a starting impulse by
Sigrid Schraml, Secretary-General EZA
- 05.00 p.m.
- 06.00 p.m. Workers Safety and health as a fundamental right under
the European Pillar of Social Rights
Jose Ignacio Argote, secretary CEAT, Spain
Silviu Ispas, Managing Director IFES, Romania
- 07.30 p.m *(walk to Basque-restaurant in the city of Bilbao)*
- 08.00 p.m. Dinner *in Basque-restaurant*

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Thursday, 04. September 2025

- 08.00 a.m. Breakfast
- 09.30 a.m. Digitalisation and workers wellbeing: (Content being adjusted)
The impact of digital technologies on work-related psychosocial risks
Annik Starren, Project Manager, European Agency for Safety and Health at Work (speaker requested)
- 11.00 a.m. coffee break
- 11.30 a.m. The sub-aspects of the campaign: (Content is still being adjusted)
- Work on digital platforms
- Advanced robotics and artificial intelligence
- Telework
- Intelligent digital systems
- Management of employees using artificial intelligence
an overview of the latest findings from the campaign
Vibe Westh - head of the Prevention and Research Unit, European Agency for Safety and Health at Work
Ioannis Anyfantis – project manager , European Agency for Safety and Health at Work
- 01.30 p.m. lunch
- 03.00 p.m. **“The challenge of healthy workplaces in the age of digitalisation”** country reports from:
Martiniano Blázquez Hernández, President of CEAT Castilla La Mancha, Spain
Doc. Ing. Ľubica Černá PhD, President of NKOS, Slovak Republic
XXX – Cartel Alfa, Romania (speaker requested)
- 04.30 p.m. coffee break
- 05.00 p.m. **“The challenge of healthy workplaces in the age of digitalisation”** country reports from:
- 06.00 p.m. **Veselin Mitov** – international secretary, Podkrepa, Bulgaria
Mara Erdelj – president, RS BOFOS, Serbia
- 07.30 p.m. (walk to Tapas-restaurant in the city of Bilbao)
- 08.00 p.m. Dinner in Tapas-restaurant

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Friday, 05. September 2025

- 08.00 a.m. Breakfast
- 09.30 a.m. **The challenge of healthy workplaces in the age of digitalisation** – a scientific perspective from
María José Rodríguez Ramos - Professor at the University of Seville
10. 45 a.m. coffee break
- 11.00 a.m. **The challenge of healthy workplaces in the age of digitalisation** –
the possibilities of the workers' associations
Jochen Mettlen, Head of Public Relations
(Confédération des Syndicats Chrétiens Liege-Verviers-Ostbelgien, Belgium)
Michael Mertens, Deputy Federal Chairman (Police Trade Union, GdP Germany)
Cesar Rodríguez Pérez, Vice President (Centro Español para Asuntos de los Trabajadores - CEAT, Spain)
moderated by **Rainer Rißmayer**, department manager, Nell Breuning Haus, Germany
- 12.30 a.m. open space discussion and
Closing remarks by:
Sigrid Schraml, Secretary-General, European Centre for Workers' Questions (EZA)
Silviu Ispas Managing Director IFES (Institutul de formare Economica si Sociala, Romania)
- 01.30 p.m. final lunch at the hotel