Stress and mental health at work

Are any of the following initiatives available in your workplace? (% 'Yes')

- Awareness raising or other activities to provide information on safety and health: 59% (EU27) and 77% (Ireland)
- Access to counselling or psychological support: 38% (EU27) and 52% (Ireland)
- Information and training on well-being and coping with stress: 42% (EU27) and 69% (Ireland)
- Consultation of workers about stressful aspects of work: 43% (EU27) and 56% (Ireland)

Do you agree or disagree with the following statements on stress and mental health in your workplace? (%)

- Disclosing a mental health condition would have a negative impact on my career:
  - Strongly agree: 16% (EU27) and 13% (Ireland)
  - Agree: 34% (EU27) and 40% (Ireland)
  - Disagree: 32% (EU27) and 35% (Ireland)
  - Strongly disagree: 13% (EU27) and 8% (Ireland)
  - Don't know: 4% (EU27) and 4% (Ireland)

- The COVID-19 pandemic has made it easier to talk about stress and mental health at work:
  - Strongly agree: 11% (EU27) and 9% (Ireland)
  - Agree: 40% (EU27) and 50% (Ireland)
  - Disagree: 33% (EU27) and 32% (Ireland)
  - Strongly disagree: 13% (EU27) and 6% (Ireland)
  - Don't know: 5% (EU27) and 4% (Ireland)

- I would feel comfortable speaking to my manager or supervisor about my mental health:
  - Strongly agree: 18% (EU27) and 13% (Ireland)
  - Agree: 40% (EU27) and 56% (Ireland)
  - Disagree: 25% (EU27) and 23% (Ireland)
  - Strongly disagree: 12% (EU27) and 4% (Ireland)
  - Don't know: 5% (EU27) and 4% (Ireland)

- My work stress has increased as a result of the COVID-19 pandemic:
  - Strongly agree: 16% (EU27) and 13% (Ireland)
  - Agree: 28% (EU27) and 33% (Ireland)
  - Disagree: 35% (EU27) and 43% (Ireland)
  - Strongly disagree: 20% (EU27) and 10% (Ireland)
  - Don't know: 1% (EU27) and 1% (Ireland)
Work-related health problems

- Overall fatigue: 37% (IE), 28% (EU)
- Headaches, eyestrain: 34% (IE), 33% (EU)
- Bone, joint or muscle problems or pain: 30% (IE), 24% (EU)
- Stress, depression or anxiety: 27% (IE), 27% (EU)
- Infectious diseases (including COVID-19): 21% (IE), 22% (EU)
- Another health problem related to your work: 6% (IE), 7% (EU)
- Accident or injuries: 5% (IE), 5% (EU)
- None of these: 33% (IE), 38% (EU)

Managing safety and health at work

- Do you think the safety rules at your place of work are a good thing to have or do they make your job more difficult to do? (%)
  - A good thing: 81% (IE), 84% (EU)
  - Make your job more difficult to do: 10% (IE), 7% (EU)
  - Both: 4% (IE), 3% (EU)
  - Does not apply/No safety rules at work: 4% (IE), 5% (EU)
  - Don't know: 2% (IE), 2% (EU)

- Do you agree or disagree with the following statements? (% Total 'Agree')
  - Safety problems are addressed promptly in my workplace: 81% (IE), 82% (EU)
  - There are good measures to protect workers' health in my workplace: 82% (IE), 89% (EU)
  - Workers are encouraged to report safety and health issues in my workplace: 79% (IE), 89% (EU)
  - Organisations with high safety and health standards are more likely to attract job-seekers: 78% (IE), 87% (EU)