**Stress and mental health at work**

**e1** Are any of the following initiatives available in your workplace? (% 'Yes')

- Awareness raising or other activities to provide information on safety and health: 59% in EU and 60% in Germany.
- Access to counselling or psychological support: 38% in EU and 49% in Germany.
- Information and training on well-being and coping with stress: 42% in EU and 53% in Germany.
- Consultation of workers about stressful aspects of work: 43% in EU and 62% in Germany.

**e2** Do you agree or disagree with the following statements on stress and mental health in your workplace? (%)

- Disclosing a mental health condition would have a negative impact on my career:
  - EU: 16% strongly agree, 34% agree, 32% disagree, 13% strongly disagree, 4% don't know.
  - Germany: 10% strongly agree, 28% agree, 36% disagree, 22% strongly disagree, 5% don't know.

- The COVID-19 pandemic has made it easier to talk about stress and mental health at work:
  - EU: 11% strongly agree, 40% agree, 33% disagree, 13% strongly disagree, 5% don't know.
  - Germany: 8% strongly agree, 39% agree, 34% disagree, 15% strongly disagree, 4% don't know.

- I would feel comfortable speaking to my manager or supervisor about my mental health:
  - EU: 18% strongly agree, 40% agree, 25% disagree, 12% strongly disagree, 5% don't know.
  - Germany: 15% strongly agree, 41% agree, 25% disagree, 15% strongly disagree, 5% don't know.

- My work stress has increased as a result of the COVID-19 pandemic:
  - EU: 16% strongly agree, 28% agree, 35% disagree, 20% strongly disagree, 1% don't know.
  - Germany: 16% strongly agree, 31% agree, 30% disagree, 21% strongly disagree, 1% don't know.
Safety and health at work is everyone's concern. It's good for you. It's good for business.

### Work-related health problems

**In the last 12 months, have you experienced any of the following health problems caused or made worse by your work? (Multiple answers possible, %)**

- **Overall fatigue**
  - DE: 22
  - %: 37

- **Headaches, eyestrain**
  - DE: 25
  - %: 34

- **Bone, joint or muscle problems or pain**
  - DE: 23
  - %: 30

- **Stress, depression or anxiety**
  - DE: 18
  - %: 27

- **Infectious diseases (including COVID-19)**
  - DE: 19
  - %: 21

- **Another health problem related to your work**
  - DE: 6
  - %: 6

- **Accident or injuries**
  - DE: 5
  - %: 5

- **None of these**
  - DE: 46
  - %: 33

### Managing safety and health at work

**Do you think the safety rules at your place of work are a good thing to have or do they make your job more difficult to do? (%)**

- **A good thing**
  - DE: 73
  - %: 81

- **Make your job more difficult to do**
  - DE: 13
  - %: 10

- **Both**
  - DE: 8
  - %: 4

- **Does not apply/No safety rules at work**
  - DE: 5
  - %: 4

- **Don't know**
  - DE: 2
  - %: 2

**Do you agree or disagree with the following statements? (% Total 'Agree')**

- **Safety problems are addressed promptly in my workplace**
  - DE: 81
  - %: 81

- **There are good measures to protect workers' health in my workplace**
  - DE: 83
  - %: 82

- **Workers are encouraged to report safety and health issues in my workplace**
  - DE: 73
  - %: 79

- **Organisations with high safety and health standards are more likely to attract job-seekers**
  - DE: 81
  - %: 78