#### Flash Eurobarometer

# OSH Pulse Occupational safety and health in the era of climate and digital change



**Portugal** 

Interviews with workers: EU27 - (25 688 interviews) | Portugal - (1 003 interviews) Fieldwork dates: 31.03 – 14.04.2025 | Methodology

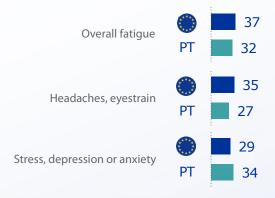
# **Psychosocial risks at work**

Would you say that at work you are exposed to the following factors? (% 'Yes')



# **Work-related health problems**

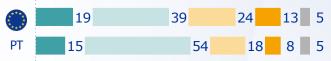
In the last 12 months, have you experienced any of the following health problems caused or made worse by your work? [MULTIPLE ANSWERS] (% EU Top 3)



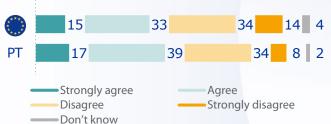
# Talking about mental health

Do you agree or disagree with the following statements on stress and mental health in your workplace? (% 'Total agree')

> I would feel comfortable speaking to my manager or supervisor about my mental health



Disclosing a mental health condition would have a negative impact on my career



### Initiatives to prevent mental health issues

Are any of the following initiatives available in your workplace? (% 'Yes')

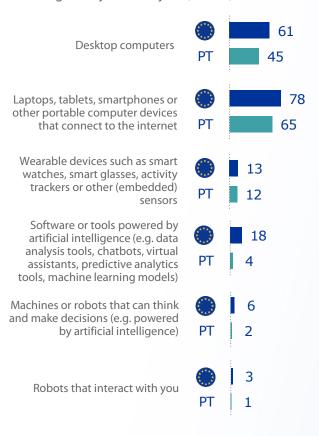




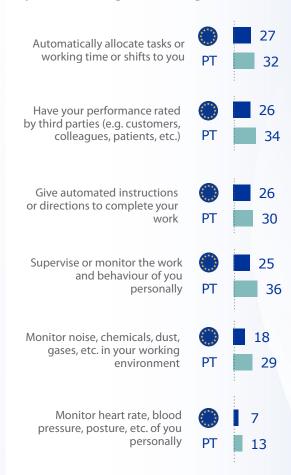


## Use of digital technologies in the workplace

Do you use any of the following digital technologies for your main job? (% 'Yes')



A2 To your knowledge, does the organisation where you work use digital technologies to...? (% 'Yes')



# Risks related to digitalisation

(A1) Would you say that the use of these digital technologies in your workplace...? (% 'Yes')

