Flash Eurobarometer

OSH Pulse Occupational safety and health in the era of climate and digital change



Iceland

Interviews with workers: EU27 - (25 688 interviews) | Iceland - (505 interviews) Fieldwork dates: 31.03 – 14.04.2025 | Methodology

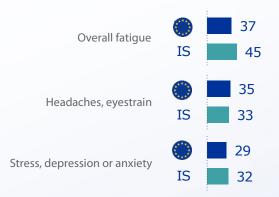
Psychosocial risks at work

Would you say that at work you are exposed to the following factors? (% 'Yes')



Work-related health problems

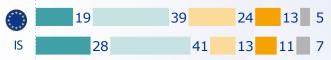
In the last 12 months, have you experienced any of the following health problems caused or made worse by your work? [MULTIPLE ANSWERS] (% EU Top 3)



Talking about mental health

Do you agree or disagree with the following statements on stress and mental health in your workplace? (% 'Total agree')

> I would feel comfortable speaking to my manager or supervisor about my mental health



Disclosing a mental health condition would have a negative impact on my career



Initiatives to prevent mental health issues

Are any of the following initiatives available in your workplace? (% 'Yes')

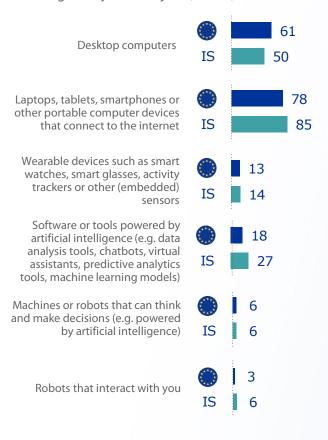






Use of digital technologies in the workplace

Do you use any of the following digital technologies for your main job? (% 'Yes')



To your knowledge, does the organisation where you work use digital technologies to...? (% 'Yes')

Automatically allocate tasks or working time or shifts to you	IS	27 12
Have your performance rated by third parties (e.g. customers, colleagues, patients, etc.)	IS	26 20
Give automated instructions or directions to complete your work	IS	26 12
Supervise or monitor the work and behaviour of you personally	IS	25 10
Monitor noise, chemicals, dust, gases, etc. in your working environment	IS	18 17
Monitor heart rate, blood pressure, posture, etc. of you personally	is	7

Risks related to digitalisation

Would you say that the use of these digital technologies in your workplace...? (% 'Yes')

Determines the speed or pace of your work	IS	48
Results in you working in isolation	IS	30 5
Increases your workload	IS	28 11

