Flash Eurobarometer

OSH Pulse
Occupational safety and health in the era of climate and digital change

Ireland

Interviews with workers: EU27 - (25 688 interviews) | Ireland - (1009 interviews)
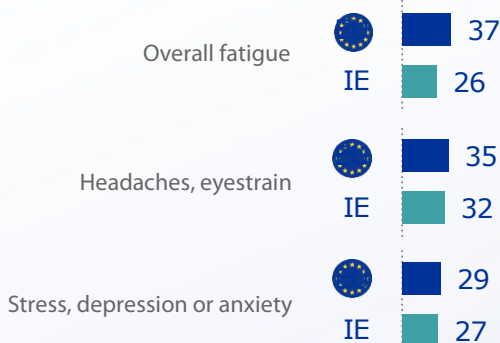Fieldwork dates: 31.03 – 14.04.2025 | Methodology

Psychosocial risks at work

B1 Would you say that at work you are exposed to the following factors? (% 'Yes')

Severe time pressure or overload of work
- EU: 44
- IE: 35

Lack of rewards (e.g. pay, career opportunities, recognition) for all the efforts you put in your job
- EU: 34
- IE: 32

Poor communication or cooperation within the organisation
- EU: 29
- IE: 33

Lack of autonomy or lack of influence over the work pace or work processes
- EU: 17
- IE: 10

Violence or verbal abuse from customers, patients, pupils, etc.
- EU: 16
- IE: 19

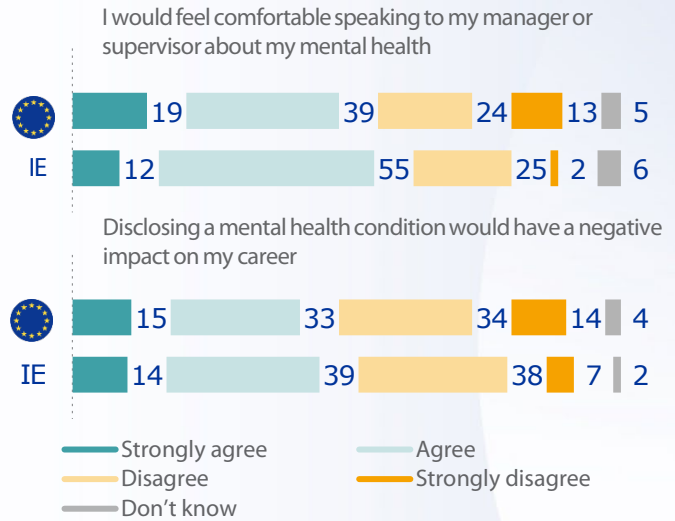Harassment or bullying
- EU: 8
- IE: 10

Work-related health problems

C1 In the last 12 months, have you experienced any of the following health problems caused or made worse by your work? [MULTIPLE ANSWERS] (% EU Top 3)
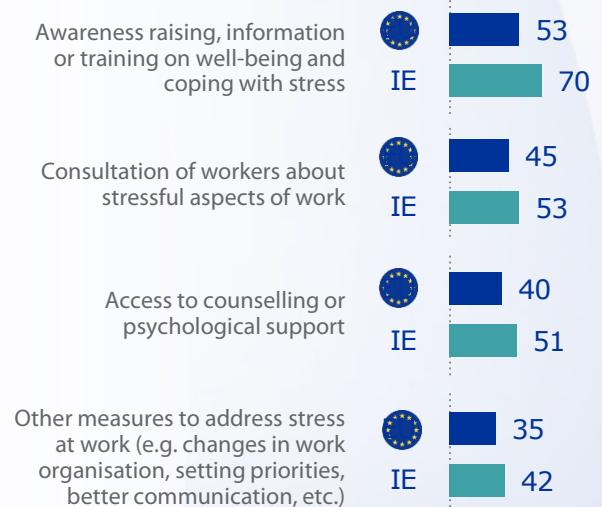
Overall fatigue
- EU: 37
- IE: 26

Headaches, eyestrain
- EU: 35
- IE: 32

Stress, depression or anxiety
- EU: 29
- IE: 27

Talking about mental health

E2 Do you agree or disagree with the following statements on stress and mental health in your workplace? (% 'Total agree')

I would feel comfortable speaking to my manager or supervisor about my mental health

	Strongly agree	Agree	Disagree	Strongly disagree	Don't know
EU	19	39	24	13	5
IE	12	55	25	2	6

Disclosing a mental health condition would have a negative impact on my career

	Strongly agree	Agree	Disagree	Strongly disagree	Don't know
EU	15	33	34	14	4
IE	14	39	38	7	2

Legend:
- Strongly agree
- Agree
- Disagree
- Strongly disagree
- Don't know

Initiatives to prevent mental health issues

E1 Are any of the following initiatives available in your workplace? (% 'Yes')

Awareness raising, information or training on well-being and coping with stress
- EU: 53
- IE: 70

Consultation of workers about stressful aspects of work
- EU: 45
- IE: 53

Access to counselling or psychological support
- EU: 40
- IE: 51

Other measures to address stress at work (e.g. changes in work organisation, setting priorities, better communication, etc.)
- EU: 35
- IE: 42

Safety and health at work is everyone's concern. It's good for you. It's good for business.

Use of digital technologies in the workplace

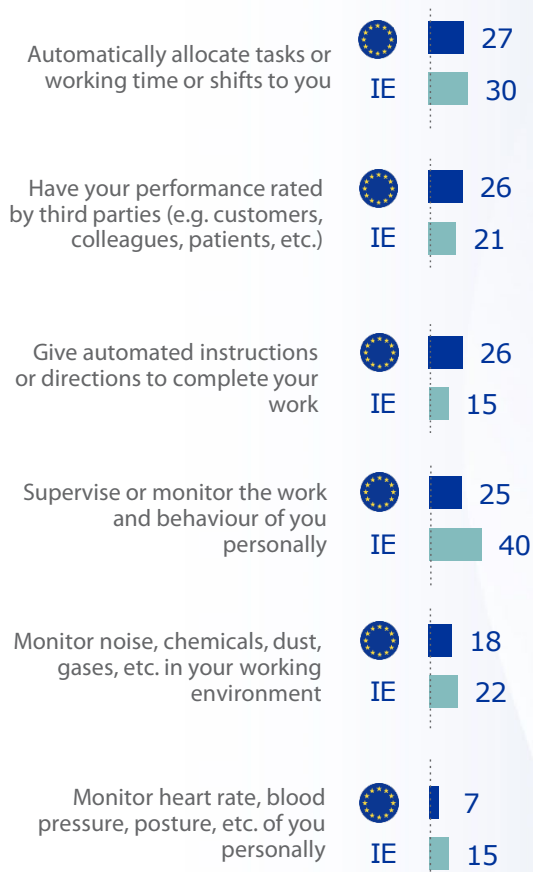**DX7** Do you use any of the following digital technologies for your main job? (% 'Yes')

Desktop computers
- EU: 61
- IE: 58

Laptops, tablets, smartphones or other portable computer devices that connect to the internet
- EU: 78
- IE: 79

Wearable devices such as smart watches, smart glasses, activity trackers or other (embedded) sensors
- EU: 13
- IE: 15

Software or tools powered by artificial intelligence (e.g. data analysis tools, chatbots, virtual assistants, predictive analytics tools, machine learning models)
- EU: 18
- IE: 12

Machines or robots that can think and make decisions (e.g. powered by artificial intelligence)
- EU: 6
- IE: 9

Robots that interact with you
- EU: 3
- IE: 1

A2 To your knowledge, does the organisation where you work use digital technologies to… ? (% 'Yes')

Automatically allocate tasks or working time or shifts to you
- EU: 27
- IE: 30

Have your performance rated by third parties (e.g. customers, colleagues, patients, etc.)
- EU: 26
- IE: 21

Give automated instructions or directions to complete your work
- EU: 26
- IE: 15

Supervise or monitor the work and behaviour of you personally
- EU: 25
- IE: 40

Monitor noise, chemicals, dust, gases, etc. in your working environment
- EU: 18
- IE: 22

Monitor heart rate, blood pressure, posture, etc. of you personally
- EU: 7
- IE: 15

Risks related to digitalisation

A1 Would you say that the use of these digital technologies in your workplace…? (% 'Yes')

Determines the speed or pace of your work
- EU: 48
- IE: 63

Results in you working in isolation
- EU: 30
- IE: 48

Increases your workload
- EU: 28
- IE: 36

Reduces the opportunities to use your knowledge and skills
- EU: 19
- IE: 24

Reduces your ability to make decisions about the methods you use or the ways you do your work
- EU: 16
- IE: 31

Makes your job tasks seem trivial or useless
- EU: 9
- IE: 22