Physiotherapists@work
Supporting injured workers and workplace representatives

International Federation of Physical Therapists working in Occupational Health and Ergonomics (IFPTOHE)

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A physiotherapist with additional knowledge and skills to support and obtain
- Healthy workers and healthy workplaces

Provided by
- (Ergonomic) Risk assessments
- Advice on technical, organisational and personal adjustments, also if MSDs are present
- Support of colleagues/employer to facilitate workers’ (best) capabilities
- Personalised interventions

What works best for this worker
Case: Photographer/teacher with ulnaropathy

Woman, 54 years of age
Doing this job for 16 years
Diagnoses by neurologist
Indication for surgery

Workplace assessment:
Make adjustments
Facilitate recovery
Support worker in making healthy choices
‘self-management’

Surgery could be prevented
Shared responsibility: employer & employee

Multifactorial: translating knowledge to & from the workplace

Working together: Participative ergonomics approach

Figure: The Sherbrooke model, or the arena of work disability (Loisel et al 2005a)