EULAR statement: Working with chronic musculoskeletal disorders

Souzi Makri
Chair - EULAR PARE Committee
Inflammation increases the risk of MSD at work

- Inflammation
  - Psychosocial risk
  - Social
  - Other health problems (Cardiovascular)

Psychosocial risk with RMD

- No pre-existing condition
- Psychosocial risk

Vulnerable RMD

- RMD
- Psychosocial risk

MSD
Fatigue, a salient symptom of RMDs, is wrongly managed at work

Presenteeism and sickness absence can be signals for future adverse work outcomes
A EULAR taskforce on Work reinforces the need to keep people with RMDs at work (good work)

RMDs are one of the main causes of sickness absence in Europe and can have an impact on work outcomes at all stages during the cycle of working life, from entering the labour market, remaining in the work workforce until retirement.

Work participation may have benefits on RMD outcomes and should be discussed in consultations.

Importance of the Campaign to EULAR

- EULAR is committed to a comprehensive agenda for the benefit of people living with RMDs; EULAR strategy aims to increase the participation of people living with RMDs in work by 2023.
- Have a shared interest with EU-OSHA in mitigating human, economic and societal impact of people with RMDs in the workplace. Proud to be sponsor of ‘Healthy Workplaces Lighten the Load' campaign.

It is a shared responsibility of all members of the society to support people with RMDs to participate in healthy and sustainable work.