HEALTHY WORKPLACES SUMMIT 2022

Healthy Workplaces Lighten the Load

Bilbao 14 – 15 November 2022
Learnings from inspections in food and drink industries in Poland with focus on workers perspective
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1. Situation in the work place
2. Innovative solution found during the inspection
3. Awareness raising and compliance: two sides of the same coin

Declaration:

50 inspections: in food and drink industry 34 planed, 36 made
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36 inspections

1 - 9 micro-enterprises - 3 inspections - 8,3 %
10 - 49 small - 15 inspections - 41,6 %
50 - 249 medium - 2 inspections - 5,6 %
250 > large - 16 inspections - 44,4 %

Among all inspected employers, the RA using evidence-based methods (KIM and OWAS) was carried out in four establishments - 3 of them were in the large group (> 249) and one in the medium group (50-249 employees).
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Inspectors opinions:
Białystok: two inspections
- 1 in micro-enterprise
- 1 in small group (10 - 49)

„Low awareness of employers and employees in the field of methods and ways of preventing MSDs in the work environment. The employees do not have sufficient knowledge about possible development of the musculoskeletal diseases that may occur”. 
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Inspectors opinions:

Lublin: two inspections
- 1 in small group (10 - 49)
- 1 in medium group (50 - 249)

„The inspections revealed the lack of knowledge of the regulations concerning manual handling of loads among employees. The occupational RA aimed to prevent the risks associated with ergonomic hazards was developed insufficiently. The members of OHS internal services, did not consult the hazards with the employees“.
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Inspectors opinions:

Gdańsk: four inspections
- all in small group (10 - 49)

„The occupational RA was carried out on ready-made models, without taking into account all the factors of the working environment occurring during the work and did not take into account safe ways of performing work. The occupational RA generally take into account only the risks associated with overloading the musculoskeletal system (static and dynamic)“.
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Inspectors opinions:
Łódź: three inspections
- 2 in micro-enterprises
- 1 in small group (10 - 49)

„The results of the inspection show that it is still difficult for employers to assess the occupational risk associated with the work performed, in particular with the performance of manual handling. In one of the plants it was not done at all”. 
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Inspectors opinions:
Poznań: three inspections all in large group (> 249)

“RA for MSDs has been a part of the general occupational RA. The assessment prepared this way was very shallow and was aimed at fulfilling the legal obligation to carry out an occupational RA rather, than a real assessment of the actual risk in relation to MSDs”.
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Inspectors opinions:
Opole: one inspections in large group (> 249)

„In the inspected plant, care for ergonomics is at a high level, the employee of OHS service has a very wide knowledge. She engages employees of all departments in efforts to improve working conditions. Both: the supervisor and the employees have a high level of knowledge about ergonomics hazards to the musculoskeletal system”.

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Innovative solution:
Kielce: one inspections in large group (> 249)

Packing mayonnaise and mustard - in order to avoid reaching the pallet level, the employer purchased lifting carts for each of the four production lines.
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Awareness raising and compliance:
Kraków: two inspections both in large group (> 249)

The container for cake classified as a waste, was moved away from the worker about 0.8 m., so she had to stretch her hand out to the maximum, to reach it.
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Thank you for your attention
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