eUlift

Patient handling for caregivers

EUOSHA e-tools webinar

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eULift Project

• Background: A book that grew into an app
  - eULift team
  - Users and Intended use
  - App Functionalities
  - Training
  - Dissemination
  - Benefits and challenges
  - APP piloting
  - Sustainability
  - Future
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Application EPOS
Idea development and application

Contents
Making choices, handbook, consultation…

Dissemination
Training and events

2014-2015

2016

2017

2018

2019

Approval and kickoff
Approval and start-up

Contents
Load balancing, Drawing characters, running trial, tuning…

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Target population
• Primary target: caregivers VET
• Secondary target: healthcare students
• To get to the (future) caregivers you need the organisation on board - barrier

Didactic model
• Self regulated learning
• On-ward use, with live examples
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- Focus on patient handling (basic techniques)
- Training/educational tool
- Evidence-based
- From theory (handbook) to practice (3D)

- Not for risk assessment
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Train-the-Trainer manual

Train-the-Trainer
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Multiplier events
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www.eulift-app.com/es/
eULift APP: Benefits and challenges

- Free app (Android and IOS)
- Easy to use
- Web version available
- Evidence-based
- Full handbook
- Assess patients mobility with BMAT
- 3D videos
- 4 different languages
- Integration education
- Train-the-trainer
- Safe feeling and more cooperation of the patients

- Not in every language
- Dissemination
- Needs more content – more transfers – include use of aids
- Take time to get acquainted
- Integration in the work field
- Must have the organisation on board
- Motivation for long-term use
- We lack longterm user feedback process

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eUlift APP: Piloting/ testing

- Many data available
- Constant quality checks (programming, developing, content, use, design, compatibility)
- A lot of user feedback (students, caregivers, teachers, trainers)
- Experiences of caregivers
- Perception of department heads – see graphic
eUlift APP: Sustainability

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- **Strengths and weaknesses**
- **APP piloting**
- **Sustainability**
- **Future**

- Technical bug fixes
- Further integration in education
- Constant feedback
- Searching funds
- Content updates
- Cooperation ideas are welcome!
eUlift APP: What’s the future??

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NEAR... eUlift part 2
- Updated and extended contents in handbook and animations
- Integration of aids
- Other validated mobility assessment scales
- Feedback structure
- Trainer support
- Others...

Cr: 15' Coach L’Oréal Pro nrshealthcare.co.uk; Freepik
eUlifft APP: What’s the future??

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FAR... or not so much?

Part of the future is already here...
**eULift APP: Take home messages**

- MOTIVATION IS KEY, SELF REGULATED LEARNING HELPS!
- By training, we’re helping people take care of themselves... but there’s a lot more things to do!
- Caregivers are *experts* in their jobs, we have to recognize their good points and correct the less good ones...
- Integrate policy in the development and dissemination (co-design)
- Importance of cooperation with expert associations is crucial
- An APP doesn’t make it all... Human beings need “social”... and more in Care...
Are you in?

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