The Austrian Moving School Modell
A concept for school development
Exercise boosts brain power.

https://www.youtube.com/watch?v=ck-tQt0S0Os
Development

- Grassroots movement in different Schools in Austria
- Compensation of the sitting time (Urs Illi)
- Different names and concepts

Secondary school with a focus on sports and physical education

Moving class

More exercise in child-friendly school

Moving school

Schools on the move

Moving learning

A school full of movement

Elementary school with a focus on physical activity and education
Moving School
Model of Lower Saxony (Hermann Städtler)
Teaching and learning

Movement brings a better quality in the learning process

• Moving learning
• Methods for self-directed learning and project learning
• Quality in Physical Education
• Moving break
• Opening the school to the outside world
• Individual time-outs
Moving learning


Weeks after the introduction of the vocabulary

retain latin vocabulary

Szenisch
Traditionell

Weeks after the introduction of the vocabulary

1 3-4 6-7 13-14

0 5 10 15 20
for a moving school the spatial conditions are of great importance

• Ergonomics in all working areas
• movement-friendly interior and exterior design
• understand the rooms as secret teachers and provide for appropriate climate, light, acoustics and color design
• quiet zones
• Optimize workplace conditions and recreational and retreat opportunities for teachers
Controlling and organising

Promoting conditions for school organization in the moving school

• Child-, teaching- and learning-appropriate rhythmisation
• Time Management
• School Program
• Health of the teachers
• School Rituals
• Participation models for students, teachers, parents
• Quality management
Reasons for a Moving School

- importance of movement in the development process
- holistic approach to scholastic education
- promotes the health of pupils and teachers
- takes the physical needs and potential of the pupils seriously
- promotes well-being and a willingness to learn and perform
- promotes a new learning culture through an ‘educational architecture’
- key element of competence and action-oriented teaching
- important contribution to the development of quality in schools
- strengthens the cooperation between teachers
- is a good, healthy school
Implementation – Teacher oriented

• Good practice school
• Teacher training (4 to 8 units)
• In-school teacher training (4 to 12 units)
• Seal of quality
• Courses (extra-occupational training — 1 year or more; around 100 units)
• Interpädagogica (Austrian education fair)
• Austrian Moving School Network— networks in the federal states
Learning and living spaces

Teaching and learning

Controlling and organising