



Occupational Cancer

EU-OSHA perspective and activities

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A new look at old diseases

EU-OSHA work

- **Reports:**
 - Policy and practice skin diseases
 - Chapters in “emerging chemical risk” and emerging biological risks” reports
 - OSH in figures MSDs
 - OSH in figures Noise and hearing loss
 - Occupational burden of disease draft report
- **Mainstreamed into work on groups, sectors, risk factors**
- **2002-2012 Participation in working groups Eurostat**
- **2011 Participation in WS on occupational diseases (DG EMPL report), 2013 conference on ODs**

- **No consistent approach to the topic**
- **OSH monitoring Workshop 2002 (Forum 11): EU-OSHA asked to contribute to the policy discussion on work-related diseases**

A new look at old diseases

▪ **Building on Agency's work**

- MSDs, skin diseases, stress-related disorders

▪ **Risks to reproductive health**

- Workshop and publication of a report
 - Lack of testing routines, monitoring and epidemiologic studies on some reprotoxic effects (male reprotoxicity; on the offspring e.g. propensity to allergies, hormonal and developmental changes), caused by chemicals, physical and organisational factors
 - prolonged sitting, lack of access to rest and toilet facilities
 - Only few countries have strategies beyond the protection of pregnant workers
 - Support workplace management and awareness-raising
- Publication of workshop summary

▪ **Carcinogens and work-related cancer:**

- Report + summary to follow-up on 2012 seminar and address gaps identified
 - incl. monitoring methods, campaigning for awareness and prevention, identification of vulnerable groups and back to work strategies for workers affected by cancer

▪ **Workshop to scope future work on burden of WRD: 2014**

- with experts, EC, FOPS, social partners, SCOEL

Work-related cancer – EU-OSHA activities

- **Member States survey and report on OELs for CMRs (published 2009)**
- **Seminar with DG Employment, ECHA, Member State reps nominated by FOP, ACSH WP Chemicals, SLIC Chemex, SCOEL (Summary published in 2012)**

Gaps identified in:

- **Research:** Cover more groups, long-term population studies
 - Current data/recognised diseases only cover industry but not services
 - Vulnerable workers (e.g. young, migrant female, in maintenance)
 - Work organisational factors (e.g. shift work and breast cancer)
 - Lifestyle factors often influenced by the way work is organised (e.g. static work, access to healthy food, culture/norms of the sector)
 - **Monitoring:** approach occupation → health effect, use multiple data sources, e.g. job/exposure matrices, link to employment trends
 - **Workplace solutions:** collect case studies of successful prevention, examples of company policies, successful interventions by preventive services and labour inspections
 - **Policy level:** need for back-to-work strategies for workers affected by cancers (currently hardly any in place)
- **2013-2014: State-of-the report to address the gaps identified above, focusing on existing exposure and disease assessment & examples of national policies**

Work-related cancer Seminar September 2012

- **Monitoring:**
 - Take different approach (*occupation* → *disease* rather than *agent* → *disease*)
 - Use job-exposure matrices
 - Use cancer registers and other sources of data
- **Rethink concept of vulnerable workers:**
 - Young workers (e.g. in maintenance)
 - Migrant workers in low-skilled manual jobs – lack of training and access to preventive services
 - Women in service professions
 - Older workers
- **Rethink major causes and how to assess the burden of disease:**
 - NOCCA study looked at socio-economic determinants and occupations via cancer incidence
 - Examples: cancer of the digestive system linked to static work, “cultural norms of the occupation” and access to healthy food
 - Combined exposures to several factors
 - Shift work and cancer

Introduction

The workshop ‘Carcinogens and Work-Related Cancer’ was organised by the European Agency for Safety and Health at Work (EU-OSHA) and held on the afternoon of 3 September and the morning of 4 September 2012. The meeting was hosted by the German Ministry of Labour and Social Affairs at their offices in Berlin. About 60 people from various European countries participated. Participants included experts nominated by the Agency’s research, and representatives of the European Commission, the Advisory Committee on Safety and Health Working Party on Chemicals (WPC), the Chemical group of the Sector Labour Inspectors Committee (SLIC), the Scientific Committee on Occupational Exposure Limits (SCOEL), the European Chemical Agency (ECA) and the International Agency for Research on Cancer (IARC) of the World Health Organisation (WHO). The speakers at the workshop were from research organisations, trade unions and employers’ organisations, as well as national authorities. The aim of the workshop was to summarise the current understanding regarding exposures to carcinogens and the causes and circumstances of work-related cancer, and to discuss how this knowledge can be used across the European Union (EU) to reduce the future burden of these cancers.

In the first part of the meeting, three ‘thematic’ sessions were organised, which consisted:

1. methods to assess exposure to carcinogens and the work-related cancer burden;
2. vulnerable groups of workers exposed to carcinogens and workers suffering from (work-related) cancer; and
3. cancer prevention: action plans and campaigns to prevent work-related cancer.

The thematic groups discussed the presentations and the main conclusions from these discussions were summarised and presented at the plenary session on the morning of the second day. A plenary discussion on the three topics followed. Actions for further work were identified as a result of the discussions on both days.

During the final plenary session, a panel discussion was held between representatives of the European Commission’s Directorate General for Employment and Social Affairs (DG Employment), ECHA, SCOEL and SLIC and members of the WPC of the Advisory Committee on Safety and Health at Work. This discussion included comments from the attendees. The workshop was closed by Eike Schreiber from EU-OSHA, who summarised the main conclusions and anticipated outcomes.

Main conclusions

The main conclusions from the workshop are as follows:

- Research efforts estimating the burden of occupational disease and building on the links between occupations and exposures are very helpful for setting priorities for prevention and disease recognition and compensation. Efforts to update exposure data for such studies, for example CAREX (International Information System on Occupational Exposure to Carcinogens), NOCCA (Nordic Occupational Cancer Study) and the various job-exposure matrices, need broad support, including from European institutions.
- Research into interventions relating to and recognition of work-related cancers need to consider changes in the world of work (e.g. increases in subcontracting, temporary work, multiple jobs, working at remote premises with limited possibilities for adaptation, static work, female employment in exposed occupations, atypical working times and multiple exposures; the move from industry to service sectors, etc.). All these challenges need to be addressed. EU-OSHA could help in raising awareness and providing data and evidence on emerging risks such as exposure to complex mixtures (for example in painting in an occupation) and work organisational factors (such as shift work), as well as in sharing experiences of good-practice solutions and policies.

Occupational exposure limits for CMR substances

A summary

An overview table of the 217 limit values, of which 63 for reprotoxicants

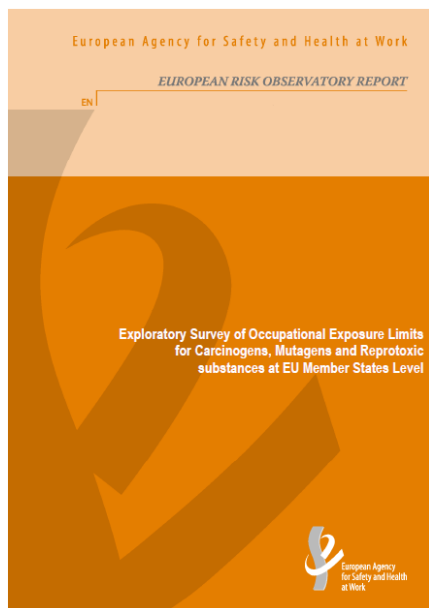
A compilation of all the national questionnaires received

It includes:

A table of limit values for reprotoxic substances (63 substances)

Links to documents available on the Internet

Some info on biological limit values



Substance name	CAS number	EINECS number	Classification according to EU Directive Source: ex-ECBESIS	CMR	# MS who notified an OEL for C, M, or R	8 hour limit value		Short-term limit value (STEL)		Skin notation mentioned # MS	Biological limit value (yes/no)	Remarks, comments
						Value/Range	ppm	Value/Range	ppm			
Ammonium dichromate	7289-09-5	232-142-1	C2 M2 R2	C1, 2, M1, 2, R1, 2	3	0.05		0.1			C2: Total Cr, measured at the end of shift, at end of working week: 0.065µmol/mol creatinine ES: Total Cr in urine, - 10 µg/g creatinine, increased during shift, - 30 µg/g creatinine, end of workweek	C2: sensitisation, serious concern about delayed effects ES: sensitizer; restrictions of use/commercialisation, VLB under review
Aniline	62-53-3	200-539-3	C1 M3	C*	1	4	1	8	2			
o-Aminodiphenylamine (o-2,4-dibromodiphenylamine)	90-04-0	201-863-1	C2 M3	C2, M3	6	0.5	0.1	1-2	0.2-0.4	5	ES: BLV of methemoglobin inducers	ES: restrictions of use/commercialisation
Antimony trioxide	1309-84-4	215-172-0	C3	C2	1	0.1-0.3		0.4-1.2				
Arsenic & compounds, except arsine (as As)	7440-38-2 (As)	231-148-8		C1	9	0.01-0.1		0.4			ES: 35 µg/L - urine AT: 100 µg/L - urine PL: 35 µg/L - urine SK: 130 µg/L - urine	ES: Sulphur dioxide enhances the carcinogenic characteristics of arsenic. In the planning of new facilities or the alteration of old ones, an effort shall be made to ensure that exposure to arsenic and inorganic compounds in the course of working day is acceptable with reference to a time-weighted average concentration of 0.01 mg/m3. ES: restrictions of use/commercialisation PL: fetotoxic C2: includes salts ES: includes arsenic acids and salts; restrictions of use/commercialisation AT: includes arsenious acid and salts, assessed on the basis of As SK: includes salts
Arsenic acid	7778-39-4	231-801-9	Use severely restricted in pesticides (EPC/01) Council Regulation No (EC) 689/2008	C1	7	0.01-0.1		0.05-0.4			AT: 100 µg/L (As in urine) SK: 130 µg/L (As in urine)	
Arsenic pentoxide (Arsenic oxide, Diarsenic pentoxide)	1303-28-2	215-118-9	C1 other pesticide including biocides severely restricted Council Regulation No (EC) 689/2008	C1	7	0.01-0.1		0.05-0.4			ES: Arsenic inorganic and methyl-metabolites in urine: 35 µg As/L, end of workweek AT: Arsenic 100 µg/L urine SK: 130 µg/L - urine	ES: restrictions of use/commercialisation
Arsenic trioxide (Arsenic trioxide)	1327-53-3	215-481-4	C1 other pesticide including biocides severely restricted Council Regulation No (EC) 689/2008	C1	8	0.01-0.1		0.05-0.4			ES: Arsenic inorganic and methyl-metabolites in urine: 35 µg As/L, end of workweek AT: 100 µg/L - urine SK: 130 µg/L - urine	ES: restrictions of use/commercialisation
Asbestos	1332-21-4		C1	C1	16	0.01fibre/m ³ - 0.5fibre/m ³		1fibre/m ³			LU: 25 fiber years / 0.1 fibre/3	
Acetone	132907-32-0											
Amosite	77538-66-4											
Anthrophyllite	12172-73-5											

<https://osha.europa.eu/en/publications/reports/548OELs/view>

Work-related cancer

A review of assessment methods

- **Current data/recognised diseases cover industry, but not services (70% of workers work in services)**
- **Vulnerable workers (e.g. young, migrant female, in maintenance)**
- **Work organisational factors (e.g. shift work and breast cancer)**
- **Lifestyle factors often influenced by the way work is organised (e.g. static work, access to healthy food, culture/norms of the sector)**
- **Hardly any back to work strategies**
- **Conclusions :**
 - **Research:** Cover more groups, long-term population studies
 - **Monitoring:** approach occupation → health effect, use multiple data sources, e.g. job/exposure matrices, link to employment trends
 - **Workplace solutions:** collect case studies of successful prevention, examples of company policies, successful interventions by preventive services and labour inspections
 - **Awareness raising**

<https://osha.europa.eu/en/publications/reports/report-soar-work-related-cancer>

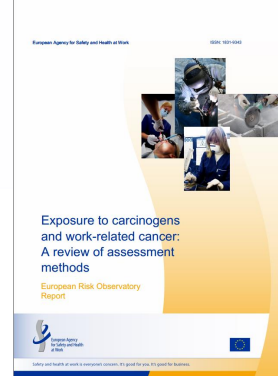


Silica still a very relevant factor in Europe

■ Exposures to:

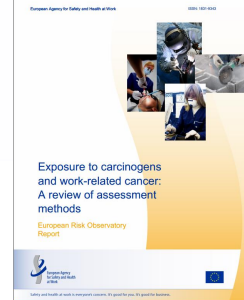
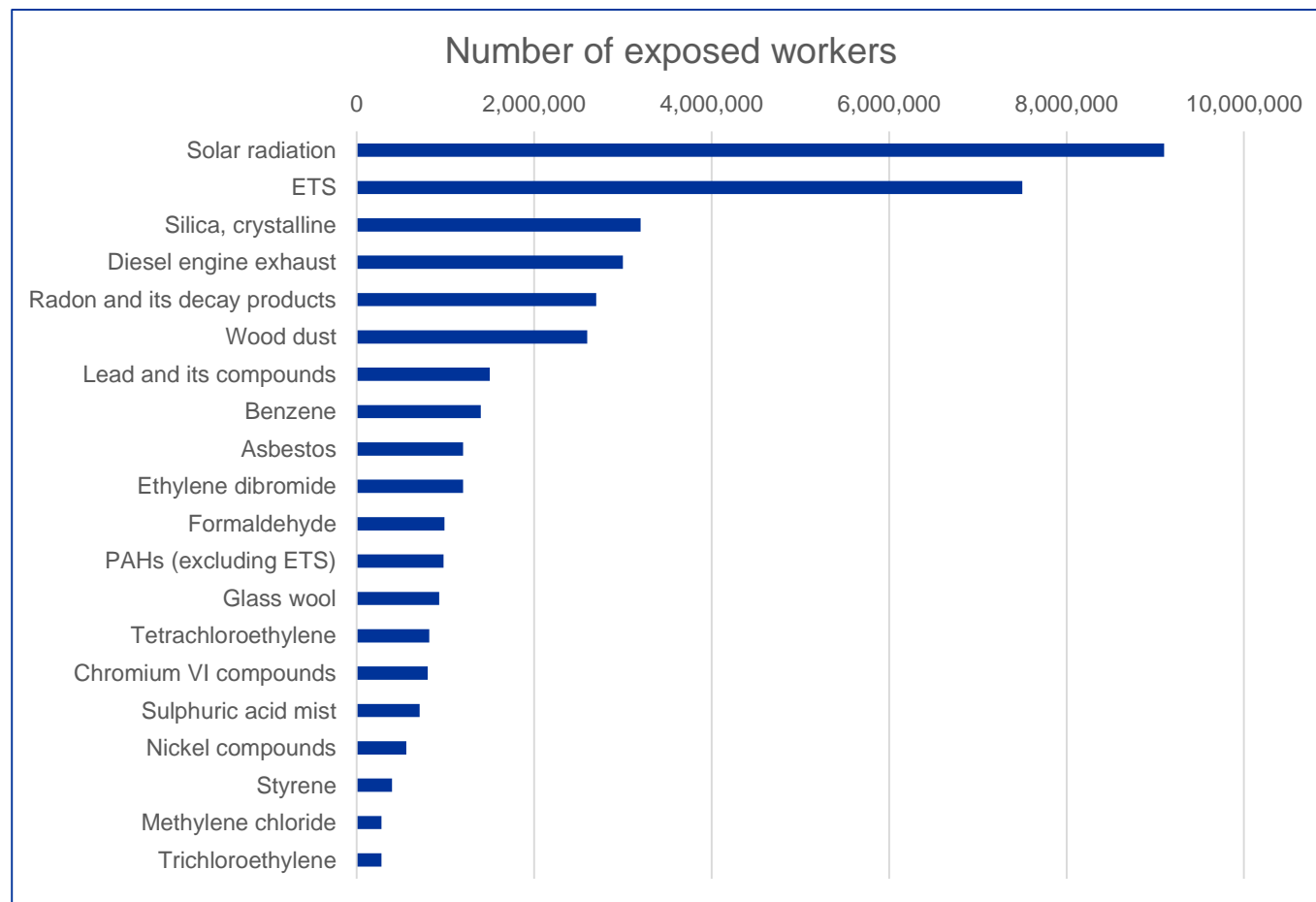
- Construction workers
- Ceramics and pottery
- Glass workers
- Mining
- Iron and steel workers, foundries
- Sandblasting (recently for „used-jeans look“)
- Artificial stone
- Waste management

- About 1-2% of workers exposed
- Multi-exposures need to be considered
- Some indications that exposures to temporary and maintenance workers, as well as female and young workers may not be assessed
- Some methodologies allow for exposure level assessment and retrospective exposure assessment



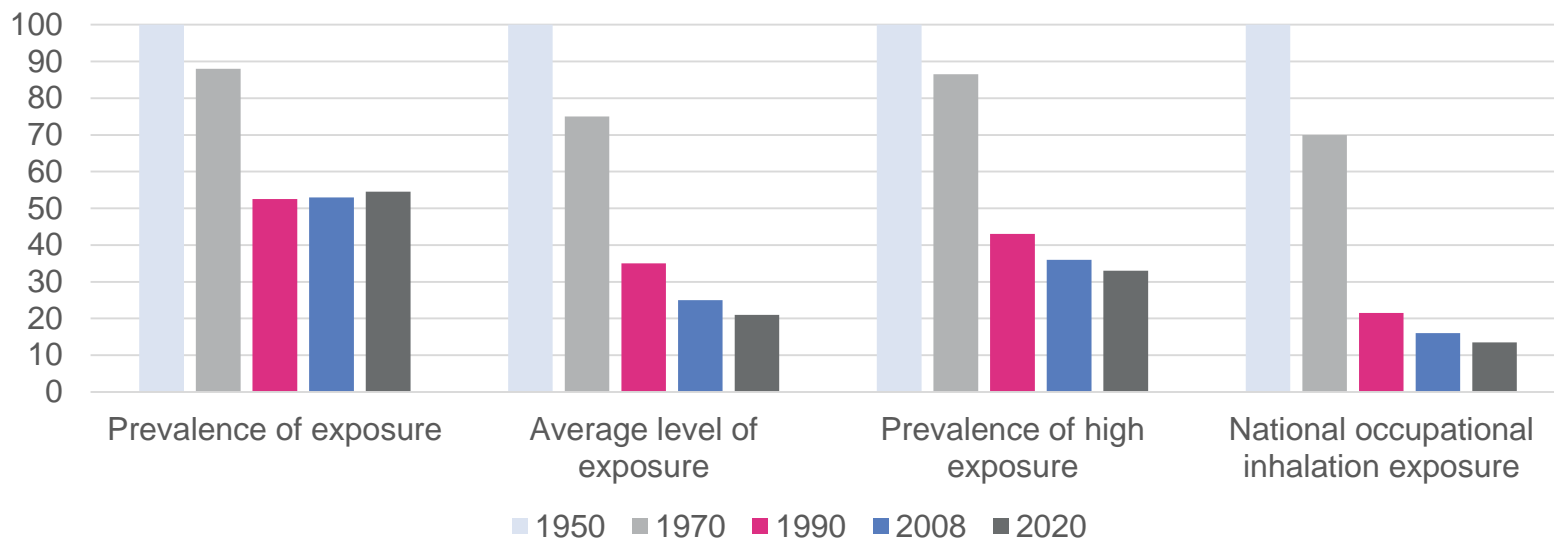
Silica one of the agents covered in the CAREX study

Most common agents covered by CAREX to which workers were exposed (numbers of exposed workers) in 15 Member States of the European Union in 1990–3



FINJEM trend study – exposure to silica

Occupational inhalation exposure to crystalline silica (quartz dust) in Finland in 1950, 1970, 1990 and 2008 and predicted for 2020, as measured by four different metrics of exposure. Proportional values as compared with 1950 (baseline = 100).

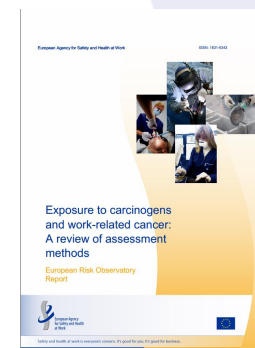


Overall, exposures show a steady downward trend as compared to 1950, although more people were exposed to silica

Source: FINJEM database (FIOH, 2013)

ExpoSYN – example of a measurement database

- **ExpoSYN is a measurement database**
- **Data from 18 European countries and Canada on five lung carcinogens.**
- **In 2012, it included 356,551 measurement results.**
 - respirable crystalline silica (42%),
 - asbestos (20%),
 - chromium (16%),
 - nickel (15%) and
 - PAHs (7%).
- **The measurements cover a long period, from 1951 to present, but only a small portion of them (1%) were performed before 1975.**
- **To be used to build a job–exposure matrix (JEM) for a large pooled analysis of epidemiological case–control studies on lung cancer (SYNERGY study)**
- **The criteria for selecting asbestos, PAHs, nickel, chromium and respirable crystalline silica as the exposures of interest were:**
 - classification in IARC group 1 (carcinogenic to humans);
 - prevalence of joint exposure in study populations;
 - availability of quantitative exposure data;
 - possibility to disentangle the effects of correlated occupational exposures;
 - possibility to disentangle occupational exposures from exposures in general population;
 - mechanistic considerations (shared or different modes of biological action);
 - relevance for prevention;
 - relevance for compensation



EU-OSHA Cancer seminar Sep. 2012

Prospective study

UK burden of disease data (Rushton, L.)

Carcinogens where occupational standards/limits exist or could be introduced

▪ Example: silica

Study looked at five prevention options and assessed the potential effects:

- Reduce exposure limit from 0.1 to 0.05 mg/m³ in all workplaces, in 2010, with the same proportion exposed above the new limit as above the old
- Reduce exposure limit again to 0.025 mg/m³
- Improve compliance from 33% to 90% in all workplaces
- Try doing both for all workplaces
- Successively enforce the new limit and improve compliance in workplaces of different sizes

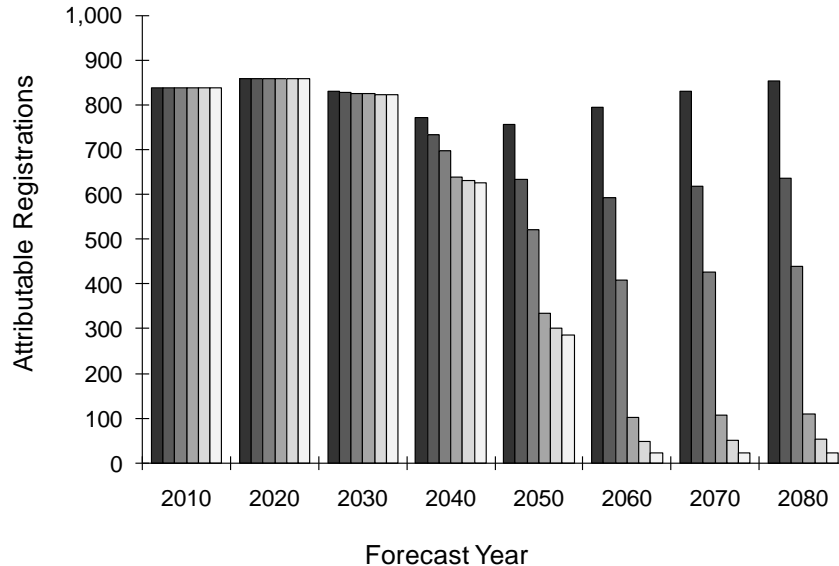
EU-OSHA Cancer seminar Sep. 2012

UK burden of disease data (Rushton, L.)

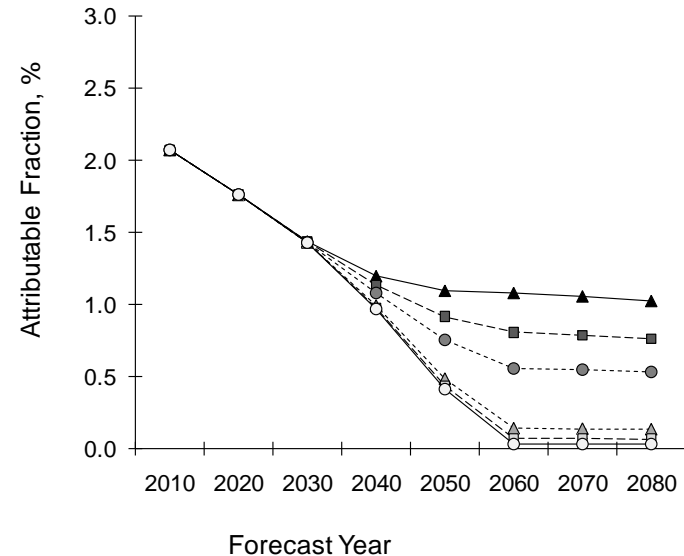
Lung cancer from exposure to RCS

Effect of reducing the exposure standard for RCS versus compliance

A) Attributable registrations



B) AFs



- —▲— (1) Baseline: exposure limit 0.1mg/m³ maintained, compliance 33%
- - -■- - (2) Exposure limit 0.05mg/m³ from 2010, compliance 33%
- - -●- - (10) Exposure limit 0.025mg/m³ from 2010, compliance 33%
- - -▲- - (11) Exposure limit 0.1mg/m³ maintained, compliance 90%
- - -■- - (12) Exposure limit 0.05mg/m³ from 2010, compliance 90%
- —○— (13) Exposure limit 0.025mg/m³ from 2010, compliance 90%

<https://osha.europa.eu/en/seminars/workshop-on-carcinogens-and-work-related-cancer/speech-venues/session-a-methods-to-assess-exposure-to-carcinogens-and-the-work-related-cancer-burden/the-burden-of-work-related-cancer-in-great-britain>

Selected conclusions from the study on exposure assessment methodologies

Issue	Recommendations	Remarks
<p>Silica dust and diesel engine exhaust, welding fumes, ETS, wood dust and endotoxins are not yet covered by registers, mainly because of wide use range</p> <p>Will not be addressed by REACH</p>	<p>Assess exposure, broaden the scope of assessment systems to cover these substances adequately</p> <p>Develop prevention measures, incl. in new professions</p>	<p>Young workers in maintenance and women, for example in delivery, retail and transport, are insufficiently covered by data; ensure their exposures are also investigated</p>
<p>Data reflect exposures from the past, not apt for estimating present exposure and future trends</p>	<p>Improving contextual data of exposure measurement databases via international cooperation would facilitate better use of exposure data in data estimations.</p> <p>Prospective studies with trend information (exposure over time) and information on exposure patterns in different occupations and tasks</p>	<p>Build on examples such as the SYNERGY study, which focuses on silica exposures</p> <p>Build on examples from Member States, such as the prospective studies from the United Kingdom on silica exposure</p> <p>Retrospective exposure assessment combining interviews with data from social security and employment registers</p>

